



# NewsLetter

The Anglican Church of St. Augustine of Canterbury

Lent & Easter 2019

## "Going Deeper" - a Lenten Message



This year, we work our way through the Gospel of Luke. Just a couple of weeks ago, we read the portion of Luke where Jesus calls the disciples - where Jesus tells Simon and James and John that they should not be afraid and from now on, they will catch people.

The phrase "fishers of men" from the old King James version is something that may stand out.

But I would suggest that this is not the most significant part of the story.

Two other images draw attention. Jesus steps into their boat. While he is not himself a fisherman, he directs them to steer the boat into deeper water and then let down their nets. Even though this is counter intuitive for the fishermen and their style of nets, they do as Jesus asks and haul in a miraculous catch.

Lent is often a time to "go deep". To delve deeper into sacred scripture, deeper into the life of prayer and meditation, deeper into acts of ministry and specific actions like giving alms. As we enter into the season of Lent, how might you, individually "go deeper"? What parts of your life feel depleted? What areas could benefit from something like a miraculous catch? And how might we, collectively, as a church community, "go deeper"? We too just might pull in a miraculous catch.

The other significant part of the story is the seeming mis-direction from Jesus. He tells them to try their craft in a brand new way - to try something they've never tried before. The disciples find the courage to comply. They resist the voice inside them that protests, "but we've never done it that way before."

We live in an era where church and communities are experiencing deep and profound change. To continue to reach people and offer ministry, we might need to try things we've never tried before. We might have to resist the urge to say, "but we've never done it that way before." Perhaps now, more than in any other time in the church's history, we need to listen with an ear for Jesus and to respond to a call that might

*(Continued on page 2)*

### The Anglican Church of Saint Augustine of Canterbury

1847 Bayview Avenue  
Toronto, ON, M4G 3E4  
416.486.2656

Web: [www.saintaugustine.ca](http://www.saintaugustine.ca)  
Email: [info@saintaugustine.ca](mailto:info@saintaugustine.ca)

## In This Issue

Lenten-Message	... Page 1
Music Director's Corner	... Page 2
Christmas Playfulness	... Page 3
Kay Pankhurst Update	... Page 3
Warden's Report	Page 4
Mystery Dinner	... Page 5
PA Day Camp	... Page 6
Less Plastic Lent Calendar	... Page 7
The Groove Room	... Page 8

## Music Director's Corner

As a musician, I like Lent. More specifically, I like the music inspired by Lent. In particular I just love the music created for Lent and The Passion for the organ! There's something about this time in the church calendar that has inspired some of the truly great music of the organ literature – deep, dark, rich, and profoundly moving. Much of that music takes the form of Chorale Preludes.

A Chorale is a melody which was first sung as a hymn by a congregation in a German Protestant Church service (up to that point, only plain chant was sung during mass). The typical four-part setting of a chorale, in which the sopranos (and the congregation) sing the melody along with three lower voices, is known as a chorale harmonization. Nowadays, we simply call it a hymn. Starting in 1523, Martin Luther began translating worship texts into German from the Latin. This created an immediate need for a large repertoire of new chorales. He composed some chorales himself, such as “A Mighty Fortress”. For other chorales he adapted Gregorian chant melodies used in Roman Catholic worship to fit new German texts. Johann Sebastian Bach harmonised hundreds of chorales, typically used at the end of his cantatas and concluding scenes in his Passions.

Chorales also appear in chorale preludes, pieces generally for organ and designed to be played immediately before the congregational singing of the hymn. A chorale prelude includes the melody of the chorale, and adds contrapuntal lines of varying complexity. One of the first composers to write chorale preludes was Samuel Scheidt in the early 1600's. Bach's many chorale preludes are the best-known examples of the form. It is important to note, that in the German Lutheran tradition, it is still customary today for the organist to play or improvise a chorale prelude on the hymn tune by way of introduction, leading directly into the singing of the hymn in four parts by the choir and congregation.

Getting back to Lent – Bach and the other German baroque composers wrote a huge lexicon of music in this style, and some of the finest examples are based on chorales appropriate to Lent and the Passion. With titles such as “O Man, Bewail Thy Grievous Sin”, “O Sacred Head, Now Wounded”, “If Thou But Suffer God to Guide Thee”, “Have Mercy on Me, O Dear God” and “Out of the Depths of Woe I Cry to Thee” you don't get much more Lenten than that!

So, there you have it - I like Lent! I can only hope that you enjoy listening to some of this great music as much as I enjoy playing it.

*Marcus Reinkeluers*

*(Continued from page 1)*

even seem illogical. That to fish for people might demand from us actions we've never tried before or even imagined before.

This is both Good News and challenging news. But the promise of Jesus remains true. Do not be afraid. If we are following Christ and going where Jesus leads, we need not be afraid because our courage and our confidence come from Christ.

*The Rev'd Megan Jull*





## Christmas Liturgical Playfulness

This past Christmas and Epiphany, we experimented with playful, intergenerational worship. For Christmas Eve, we offered a “pageant in pictures” at the children’s service. We posed several scenes and used the images to help tell the nativity story. Thanks to all who took part and also to those who helped us with the loan and purchase of costumes.

On Epiphany, we welcomed a life-sized camel! We borrowed a life-sized paper mâché camel from St Michael and All Angels and in place of the sermon, the children led us in an interactive drama to discover the gifts of gold, frankincense, and myrrh and presented them to the Christ child in the creche.



---

## Kay Pankhurst Update

Many people at St Augustine’s have been asking after Kay Pankhurst. Megan has been to visit her about 10 times over the last year, following her saga after her fall last winter and her admittance to care. After a number of moves, a long term bed has been secured for Kay at Bayview Extendicare near Bayview Avenue and Cummer Avenue. Shortly before Christmas, Kay had another fall and fractured the same arm again. Kay seems to appreciate visits and prayers with Megan, but struggles to follow along and often doesn’t recognize Megan. Kay seems to respond best to people she has known longer and who can help her access deeper memories. You are encouraged to visit Kay and the staff at Bayview Extendicare are particularly helpful in assisting with visits.

# Warden’s Quarterly Report

## Overview - Judie Arrowood

We at St. Augustine’s have been participating in a resurgence of energy. I hope you have been part of it. Although I have been in this parish for 58 years, this is the fastest and best ‘up’ from a ‘down’ time that I have seen. Thanks for the grace of God, for our new priest and her family and for all of us making a significant contribution to our life together.

Thanks to Mike and Bill E. and the Advisory Board, for all the officers, greeters, prayers, singers, readers, coffee hosts, decorators, just kids and servers in many ways we ‘show’ well to the neighborhood. Our dance is beginning to seep outside.

If you have been left out, please let someone know. More volunteers are needed for the Social Justice Committee, Choir, Coffee hosts, help with special kids events. Please be part of this happy band of Christians.

## Fundraising - Bill Empey

Mystery dinners are back. Special thanks to the three hosts (Peter and Trish Simmie, Judie Arrowood and Liz Bliss and Jamie and Mary McLean) for fabulous meals. Altogether 19 members and friends enjoyed a happy evening of fellowship. A gift of love and support for Saint Augustine! Many memories of past dinners introduce the idea that we can do this again.

The event raised \$880.00; giving us momentum as we start the 2019 fundraising year. The Shrove Tuesday Pancake Dinner is next (March 5<sup>th</sup> from 5:00 to 7:00). More traditional and new events are planned. Ideas are always welcome.

Our fundraising events are really just part of how we deepening and extend the Spirit. These events draw family, neighbours and friends that we might not see on Sunday – but offer them a taste of the happy, caring and inclusive atmosphere at Saint Augustine. 2019 will be a banner year for the spirit.

## Financials - Mike Rapson

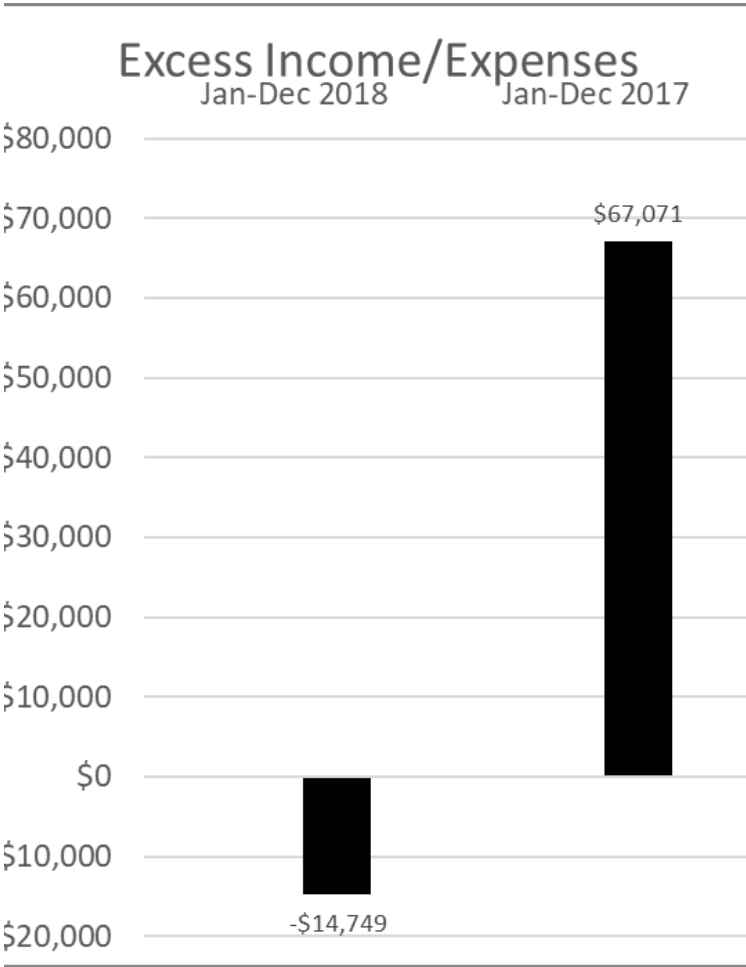
Please note that the 2018 numbers in the graphs below are the unaudited as the audit has not been completed at the time of writing.

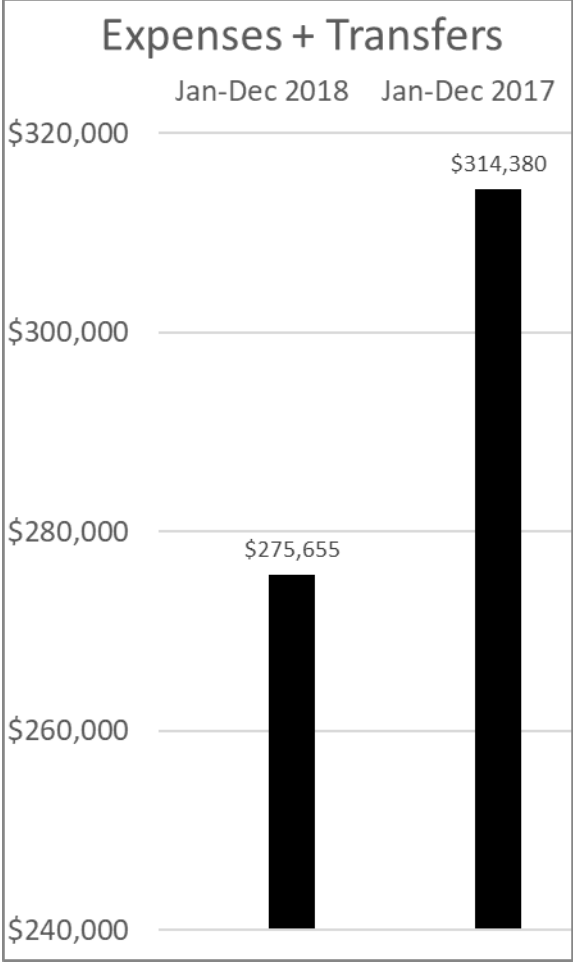
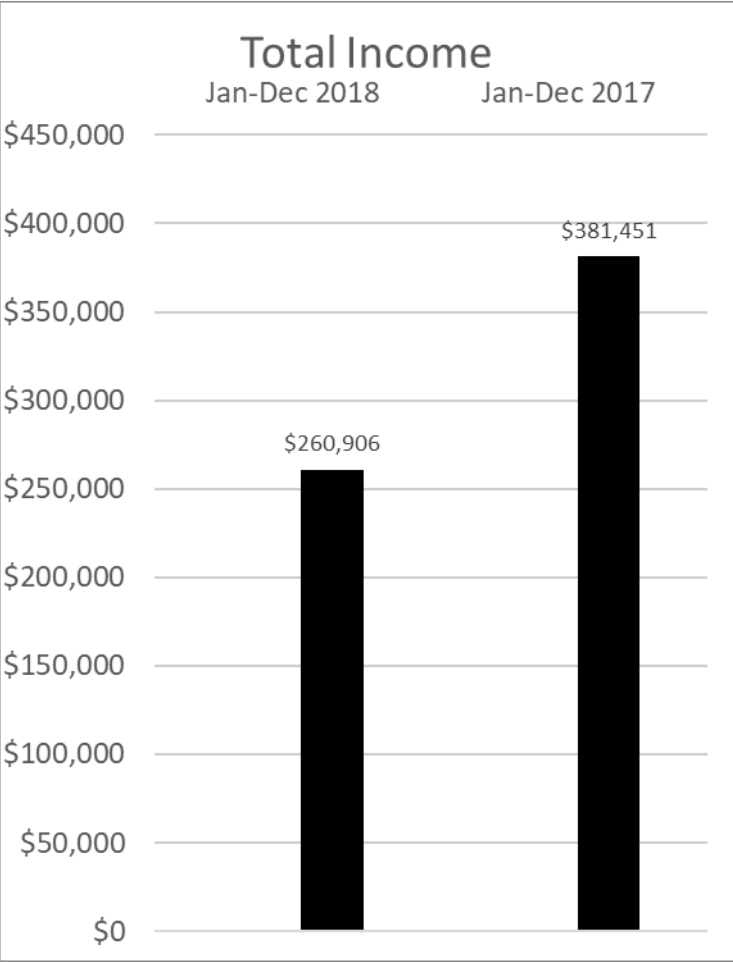
You will notice on the graphs that there was a surplus of \$67,071 in 2017 and a deficit of \$14,749 in 2018. There

are several reasons for the difference, including lower givings in the first half of 2018. The two biggest factors are that we had a very generous bequest in 2017 of \$100,000 which pushed total income for that year and hence the surplus. In 2018 we only received revenue from the rectory rent for the first 3 months of the year. This lowered the revenue number. Also we were not paying a full time priest in 2017 so expenses were lower than 2018. We were very lucky to have Megan join us in 2018 which meant we had a salary to pay.

We had seen a nice trend in increased givings from regular envelopes from September onward in 2018 which was encouraging. The envelope givings in January 2019, however, fell off a cliff. It could be weather related as there were a lot of storms and cold weather which kept people from coming to church. Hopefully we will get back to our “new” normal level in February.

*Your Warden’s—Judie Arrowood, Mike Rapson, Bill Empey*





**Mystery Dinner**

This winter, we resurrected the tradition of the Mystery Dinner. On February 9<sup>th</sup>, nineteen diners met at the church for sherry and discovered who would host them for the evening. For Megan and Chris and a number of other diners, this was their first time participating.



Many thanks to hosts Judie Arrowood and co-host Liz Bliss, Jamie and Mary McLean, and Peter and Trish Simmie. Thanks to Bill Empey for his leadership in coordinating the event. And thanks to those who donated to the program even though they were not available to take part in the event.

These types of events do more than just raise funds for the church. They also create the opportunity to get to know one another better and strengthen ties and relationships in our church community.



## PA Day Camp at St. Augustine's

On Friday December 7<sup>th</sup>, we hosted our inaugural PA Day camp at St. Augustine's. We reached our maximum capacity with fifteen kids registered. The majority of the kids (11) were from the local neighbourhood, and are new to both St Augustine's and organized religious life.

We spent the day learning about the nativity story and the story of the real St Nicholas, Bishop of Myra. Projects included crafts, ginger bread nativity scenes, games, and even "candy cane science". In the afternoon, kids snuggled up with popcorn and watched the animated film "Star" a retelling of the nativity story from the perspective of the animals. Many thanks to our helpers, Margaret Bick, Barb Goodbody, and Shirley Campbell. Thanks to our wardens, Mike Rapson and Judie Arrowood, who came at the end of the program day as fresh helpers for the last few activities and to help clean up and move the furniture back into place.

This project was funded through our Reach Grant with the Diocese of Toronto. We qualified for funding to support a number of neighbourhood initiatives over

2018 and 2019. Our next PA Day Camp will be on the Monday of March Break, March 11<sup>th</sup>, with a focus on Easter.



ST AUGUSTINE OF CANTERBURY

## OLD TESTAMENT BIBLE STUDY FOR LENT

*A look at sacred scripture from a Jewish lens*

WE REVIEW HOW THE BIBLE WAS COMPILED  
WE CONSIDER JEWISH MODES OF INTERPRETATION  
WE RECONSIDER FAMOUS PASSAGES FROM A JEWISH PERSPECTIVE

Sessions are framed with a service of Compline prayers  
Wednesday evenings in Lent beginning March 13 at 7pm



St. Augustine of Canterbury Anglican Church

## MARCH BREAK CHILDREN'S PROGRAM

Monday, March 11  
9:00am to 3:00pm

Before and After Care available on request



A fun day of stories, crafts, and games as we consider the story of Easter and the origins of Easter traditions.

Kindergarten to Grade 8



Contact Rev. Megan Jull to register: [megan@saintaugustine.ca](mailto:megan@saintaugustine.ca)  
1847 Bayview Ave. | 416-485-2656 | [saintaugustine.ca](http://saintaugustine.ca)



# LESS PLASTIC FOR LENT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

PLASTIC BOTTLES & LIDS 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11 <b>No Foam takeaways.</b> Ask for alternative – or bring own lunch box.	12 <b>Refuse Straws.</b> Ask for no straw or a paper straw. It is estimated that by 2050, there will be more plastics than fish (by weight) in the oceans.	13 <b>Don't use single use plastic shopping bags.</b> Save money and the environment and bring your own!	14 <b>Plastic cutlery.</b> Buy a set of affordable cutlery for catering events and share with others. Carry a teaspoon with you.	15 <b>Avoid buying vegetables in plastic packaging.</b> Buy from plastic free stores, local traders or bulk stores. Alternatively bring your own boxes/bags for veg.	16 <b>Community Action:</b> Choose One issue – straws or single use plastic bags – visit your supermarket/restaurant and ask them/email them to stop using single use plastic bags & straws.	17 <b>Psalms 104: 25-30</b> 'There is the sea, vast and spacious, teeming with creatures beyond number – living things both large and small.'	10 <b>Isaiah 24:4-5</b> 'The earth dries up and withers, the world languishes and withers: the heavens languish together with the earth. The earth lies polluted under its inhabitants.'
18 <b>Plastic liquid soap dispensers.</b> Use soap in a bar form or refill plastic dispensers instead of throwing away every time.	19 <b>Hunt for non-plastic products!</b> Look for cardboard ear buds, wooden toothbrushes and others. Share new products on social media!	20 <b>Avoid products with micro beads.</b> Often used as an exfoliant in soaps, body wash, toothpastes. Avoid anything with "polyethylene" listed as an ingredient.	21 <b>Look out for boxed packaging alternatives instead of plastic.</b> Often, products like laundry detergent come in cardboard which is more easily recycled than plastic.	22 <b>Go for large sizes of shampoo, conditioner etc.</b> Avoid the travel sizes. You can even buy shampoo in a bar form in some shops.	23 <b>Community Action:</b> Catering policy for big events. Ban polystyrene/foam at your church/school /community group. Discuss reusable alternatives that will also save money	24 <b>Colossians 1:16-17</b> 'For by him all things were created: things in heaven and on earth, visible and invisible.'	24 <b>Colossians 1:16-17</b> 'For by him all things were created: things in heaven and on earth, visible and invisible.'
25 <b>Use natural cleaning cloths.</b> Avoid using single use wet wipes. Choose long last cloths (made from cotton) or make your own from scrap material.	26 <b>Buy glass and/or stainless steel containers for food storage.</b> Glass works well for freezer storage as well, just ensure you leave room at the top of the jar. Reuse coffee jars or jam jars.	27 <b>Bin lining – use newspaper or old paper packets to line your bin.</b> One big one for recycling and a small 'sin bin' for what goes on landfill.	28 <b>Look around your kitchen.</b> See what plastics you can replace when they wear out. Replace with wooden or metal.	29 <b>Lose the clingfilm and ziplock bags.</b> Keep food in a container with a lid or explore other options such as beeswax covers.	30 <b>Community Action:</b> water policy at church and home. No more bottled water and cool drinks – start making eco-bricks.	31 <b>Jeremiah 2: 7</b> 'I brought you into a fertile land to eat its fruit and rich produce. But you came and defiled my land and made my inheritance detestable.'	7 <b>Revelation 22:1-2</b> 'Then the angel showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb, through the middle of the street of the city.'
APRIL 1 <b>Choose natural fibres.</b> Synthetic fabrics create microfibre pollution when washed. Look for organic cotton, wool, and other natural fibres.	2 <b>Old Shoes and Clothing into New.</b> Take clothes to a tailor for alteration if they don't fit/aren't in style rather than throwing them away.	3 <b>Buy second-hand clothes.</b> This not only saves you money but ensures that the clothes you purchase have an extra long lease of life. Do a clothes swap.	4 <b>Avoid bargain plastic items.</b> These often break easily, like cheap accessories.	5 <b>Request zero plastic packaging</b> if you're buying clothes online ask the retailer if they can reduce or remove plastic packaging.	6 <b>Community Action:</b> Organise Church clean up in the community. Not just the church building but the grounds also. Photograph the items you find most of and post them on social media tagging the company eg @cocacola clean up your mess #isthisyourmess	7 <b>Revelation 22:1-2</b> 'Then the angel showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb, through the middle of the street of the city.'	7 <b>Revelation 22:1-2</b> 'Then the angel showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb, through the middle of the street of the city.'
8 <b>Give an experience rather than a plastic gift (for kids)</b> take them on an outing.	9 <b>Help them look at the plastic</b> in products and choose for themselves. And recycle. Eg suckers.	10 <b>Bake goods</b> with your children for their lunch boxes. Instead of buying plastic packaged snacks.	11 <b>Organise a toys swap</b> for kids at school or Sunday school.	12 <b>Don't use wetwipes.</b> Try using reusable cloths instead or make your own wipes.	13 <b>Community Action:</b> Make your voice heard: Share what you are doing with friends, family and community. Ask your MP what they are doing to tackle single use plastics. Ask your ward councillor.	14 <b>PALM SUNDAY.</b> <b>John 12:13</b> 'They took palm branches and went out to meet him, shouting, "Hosanna! Blessed is he who comes in the name of the Lord!" Plant a tree for palm sunday.	14 <b>PALM SUNDAY.</b> <b>John 12:13</b> 'They took palm branches and went out to meet him, shouting, "Hosanna! Blessed is he who comes in the name of the Lord!" Plant a tree for palm sunday.



# The Groove Room



In the last Newsletter we mentioned the attendance of a large group of people from the Probus retirement group in November. That visit paid some dividends as people from the group have continued to attend the Groove Room. Even better, we have had two different people from the group perform for us on our grand piano in the last three sessions. They also have some blues players who are gathering up the courage to perform for the first time. A return performance from the young singers at Stagecoach (the musical theatre school that rents from us on Saturdays) was scheduled for the February Groove Room. They decided to postpone the performance to the April 12<sup>th</sup> coffee house, so make sure you mark that date on your calendar as they are really good.

Speaking of performers, we are looking for performers of all ages and music styles. They could be first time performers or experienced musicians. If you know of anyone who would like to perform please let me know at [mkrapson@gmail.com](mailto:mkrapson@gmail.com)

In the last three months audience size has ranges from 20 to 50 people. We had good sized audiences in December and January, with February a little quieter possibly due to weather. We take a break in March and will return on Friday April 12<sup>th</sup> 7-8:30pm. Admission is \$5 with all proceeds going to the Flemingdon Park Community Food Bank.

*Mike Rapson*

## HOLY WEEK AND EASTER ST. AUGUSTINE OF CANTERBURY

**Palm Sunday ~ April 14**

Family-friendly procession and  
Eucharist at 10:30am

**Maundy Thursday ~ April 18**

Light meal and Eucharist to remember  
the Last Supper at 6:00pm

**Good Friday ~ April 19**

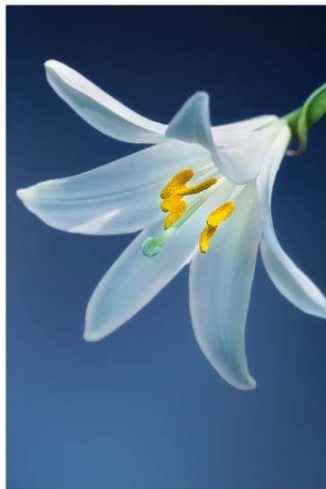
Family-friendly way of the cross  
at 10:30am

**Holy Saturday ~ April 20**

Community Easter Egg Hunt at 11:00am

**Easter Sunday ~ April 21**

Sung Eucharist at 10:30am



## “Less Plastic for Lent” Calendar

If you would like a larger, and perhaps clearer, copy of the “Less Plastic for Lent” Calendar from the previous page, please contact the office.

Priest-in-Charge

The Rev'd Megan Jull  
[megan@saintaugustine.ca](mailto:megan@saintaugustine.ca)

Parish Deacon

The Rev'd Elizabeth Nelson  
[elizabeth.jane.nelson@gmail.com](mailto:elizabeth.jane.nelson@gmail.com)

Music Director &  
Parish Administrator  
NewsLetter Editor

Marcus Reinkeluers  
[info@saintaugustine.ca](mailto:info@saintaugustine.ca)

Wardens

Bill Empey  
Mike Rapson  
Tom Wong



1847 Bayview Avenue | 416-485-2656 | [saintaugustine.ca](http://saintaugustine.ca)

